



K3 Train Times

14 December 2025 to 16 May 2026



Check before you travel.



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This timetable shows trains between Par and Newquay (The Atlantic Coast line). All services in this timetable are operated by Great Western Railway.

Changes to published times

Improvement works may affect services, especially at weekends. Services may also be different on public holidays. Always check your journey before you leave at **GWR.com/check**

Replacement buses

Animals[†], non-folding bikes, and large items of luggage can't be taken on our buses.

[†]Assistance dogs can be taken.

National Rail

Find out more about train times and fares.
Call **03457 48 49 50*** (24 hours, calls may be recorded) or go to **nationalrail.co.uk**

You can also find the National Rail Conditions of Travel here.

Bags and Luggage

You can bring up to 3 pieces of luggage, with a maximum size of 30 x 70 x 90cm. Small and medium sized bags can be stored under your seats or in the overhead racks. Large items can be stored in the dedicated luggage areas. Surfboards can't be taken on our IET services. Look for GWR trains shown with a ■symbol in our timetables.

Bikes

Reservations on our IET services are strongly recommended. Full details about bringing your bike onboard our services can be found at **GWR.com/Bikes**

When travelling to or from London Paddington, all non-folding bikes without a reservation will not be permitted on services arriving between 0730 and 0930 or departing between 1600 and 1900 on Mondays to Fridays, excluding Public Holidays.

On all other GWR services, bikes are welcome on a first-come, first-served basis.

Short platforms

Some stations have short platforms. In some cases, you can only join or leave the train from certain carriages. Please listen for announcements.

Free Wi-Fi and plug sockets are available on most trains.

Delay Repay

You are entitled to compensation if your journey has been delayed for 15 minutes or more.

Find out more at GWR.com/DelayRepay

Great Western Railway Customer Panel

Our panel is set up for you to tell us your thoughts and give us feedback on how we are doing. Find out more at **GWR.com/Panel**

* Standard network charges apply. Calls from mobiles may be higher

All information correct at time of publication. Errors and omissions excepted.

Download the most up-to-date version at **GWR.com/timetables**



Penalty Fares

If you don't have a valid ticket you may have to pay a Penalty Fare.

Find out more at **GWR.com/revenueprotection**

Transport Focus

The UK's independent watchdog for passengers and road users. Call **0300 123 2350*** or find out more at **transportfocus.org.uk**

Seat reservations on GWR services

Reservations are recommended on many of our trains. When you buy a ticket, we will allocate you a seat if one is available. We leave some space for those with walk-up tickets, or who may have been disrupted.

Our seat guarantee

If you have a reservation on a GWR service and have to stand, you are entitled to compensation. Find out more at **GWR.com**

The Devon & Cornwall Rail Partnership

This Partnership works to promote rail travel in the region and to improve services and facilities at our stations. Find out more at **dcrp.org.uk**

Devon & Cornwall RAIL PARTNERSHIP

Large print timetables are available for our partially sighted customers. Call 03457 000 125* or email GWR.Feedback@GWR.com

* Standard network charges apply. Calls from mobiles may be higher.

Passenger Assist

You can arrange help, check station accessibility, buy a ticket and reserve a seat by calling us on Freephone 0800 197 1329 or by text relay 18001 0800 197 1329

(open 24 hours a day except 25 and 26 December Christmas Day and Boxing Day).

You may book assistance by completing the online booking form available on our website.

Station accessibility

All of our stations are classified for their level of accessibility:

This station has step-free access to all platforms

This station has a degree of step-free access to the platform, which may Category B:

be in both directions or in one direction only. Check details on our website

Category C: This station does not have step-free access to any platform

Full details can be found at GWR.com/PassengerAssist

Operator

GW Great Western Railway

Network Rail

For details of accessibility at any station, check nationalrail.co.uk

Station	CRS	Operator	Access Category	Tio Weekdays	ket office hou Saturdays	ırs Sundays	Ticket machine	Toilets	Car Park	Bike Rack
Bugle	BGL	GW	В	Unstaffed	Unstaffed	Unstaffed				•
Exeter St Davids	EXD	GW	А	0545-2040	0615-2000	0730-2040	•	● Ġ.	•	•
London Paddington	PAD	NR	А	24 hours	24 hours	24 hours	•	●Ġ	•	•
Luxulyan	LUX	GW	В	Unstaffed	Unstaffed	Unstaffed			•	•
Newquay	NQY	GW	А	Unstaffed	Unstaffed	Unstaffed			•	•
Par	PAR	GW	В	0730-1400	0800-1430	Closed		•	•	
Penzance	PNZ	GW	А	0645-1930	0615-1810	0845-1730	•	● Ł	•	•
Plymouth	PLY	GW	Α	0625-2000	0625-1900	0800-1900	•	● Ė	•	•
Quintrell Downs	QUI	GW	А	Unstaffed	Unstaffed	Unstaffed				•
Roche	ROC	GW	В	Unstaffed	Unstaffed	Unstaffed				•
St Austell	SAU	GW	А	0730-1900	0730-1900	0900-1630	•	●	•	•
St Columb Road	SCR	GW	Α	Unstaffed	Unstaffed	Unstaffed			•	•
Truro	TRU	GW	В	0645-2005	0640-1905	0915-1830	•	• ხ	•	•

NOTES AND SYMBOLS

Bold Through service Liaht Connecting service

Runs on certain days only, or has differences at some stations. Please check notes for details

Green Minimum time, in minutes, you need to allow between connecting services (this is only shown at stations where this differs from the standard 5 minute allowance) Interchange with London Underground **(6)**

= PlusBus available. For more details, visit plusbus.info

Arrival time a d

Departure time

Stops on request. Please tell the Conductor if you wish to leave. Please signal to the Driver if you wish to board

Change at Plymouth and Par

Change at Par and Exeter St Davids

Change at Par and Plymouth

On Saturday mornings arrives at 0508

Previous night. On Sunday nights departs at 2350 Previous night. Change at Plymouth and Par

PARTO NEWQUAY (THE ATLANTIC COAST LINE)

MONDAYS TO FRIDAYS

NEWQUAY TO PAR (THE ATLANTIC COAST LINE)

MONDAYS TO FRIDAYS

७ d		2345pc		0803	1003	1205	1403	1603
6 d		0551	0809	1012	1206	1414	1614	1820
d		0712	0913	1120	1312	1516	1722	1925
d	0520	0710	0850	1050	1250	1450	1715	1915
d	0559	0749	0929	1129	1329	1529	1755	1955
d	0616	0805	0946	1146	1346	1546	1811	2011
d	0627	0816	1016	1216	1416	1616	1822	2022
d	0637x	0826x	1026x	1226x	1426x	1626x	1832x	2032x
d	0643x	0832x	1032x	1232x	1432x	1632x	1838x	2038x
d	0647x	0836x	1036x	1236x	1436x	1636x	1842x	2042x
d	0658x	0847x	1047x	1247x	1447x	1647x	1853x	2053x
d	0706	0855	1055	1255	1455	1655	1901	2101
а	0714	0903	1103	1303	1503	1703	1909	2109
	® d d d d d d d d d d d	6 d d 0520 d 0559 d 0616 d 0632x d 0643x d 0645x d 0706	© d	(a) d 0551 0809 d 0712 0913 d 0559 0749 0929 d 0616 0805 0946 d 0627 0826 1026x d 0637x 0826x 1026x d 0643x 0832x 1032x d 0648x 0836x 1036x d 0658x 0847x 1047x d 0706 0855 1055	® d . 0551 0809 1012 d . 0712 0913 1120 d 0520 0710 0959 1050 d 0559 0749 0929 1129 d 0616 0805 0946 1146 d 0637 0816 1016 1216 d 0637 0826x 1026x 1226x d 0643x 0832x 1032x 1232x d 0658x 0847x 1047x 1247x d 0706 0855 1055 1255	® d . 0551 0809 1012 1206 d . 0712 0913 1120 1312 d 0520 0710 0850 1050 1250 d 0559 0749 0929 1129 1329 d 0616 0805 0946 1146 1346 d 0637x 0826x 1026x 1226x 1426x d 0643x 0832x 1032x 1232x 1432x d 0647x 0836x 1036x 1236x 1436x d 0658x 0847x 1047x 1247x 1447x d 0706 0855 1055 1255 1455	® d . 0551 0809 1012 1206 1414 d . 0712 0913 1120 1312 1516 d 0520 0710 0850 1050 1250 1450 d 0559 0749 0929 1129 1329 1529 d 0616 0805 0946 1146 1346 1546 d 0637x 0826x 1026x 1226x 1426x 1626x d 0643x 0832x 1032x 1223x 1432x 1632x d 0647x 0836x 1036x 1236x 1436x 1637x d 0658x 0847x 1047x 1247x 1447x 1647x d 0706 0855 1055 1255 1455 1655	® d . 0551 0809 1012 1206 1414 1614 d . 0712 0913 1120 1312 1516 1722 d 0520 0710 0850 1050 1250 1450 1715 d 0559 0749 0929 1129 1329 1529 1755 d 0616 0805 0946 1146 1346 1846 1811 d 0637x 0826x 1026x 1226x 1426x 1626x 1832x d 0643x 0832x 1032x 1223x 1432x 1632x 1838x d 0658x 0847x 1047x 1247x 1447x 1647x 1853x d 0706 0855 1055 1255 1455 1655 1901

London Paddington ◆	७ d	2345pe	2345p		0803	1002	1203	1403	1603e
Exeter St Davids 🚐	6 d	0410e		0800	1013	1215	1412	1615	1818e
Plymouth 🚐	d	0515		0912	1115	1318	1516	1718	1934
Penzance 🚐	d		0640	0850	1048	1250	1450	1645	1815
Truro 🚐	d		0719	0930	1128	1330	1530	1725	1854
St Austell 🚐	d		0735	0946	1145	1346	1546	1742	1910
Par	d	0616	0816	1016	1216	1416	1616	1816	2030
Luxulyan	d	0626x	0826x	1026x	1226x	1426x	1626x	1826x	2040x
Bugle	d	0632x	0832x	1032x	1232x	1432x	1632x	1832x	2046x
Roche	d	0636x	0836x	1036x	1236x	1436x	1636x	1836x	2050x
St Columb Road	d	0647x	0847x	1047x	1247x	1447x	1647x	1847x	2101x
Quintrell Downs	d	0655	0855	1055	1255	1455	1655	1855	2109
Newquay 🚐	а	0703	0903	1103	1303	1503	1703	1903	2117

i iyiiioutii w	u	0010		0012	1110	1010	1010	17 10	100-
Penzance 🚐	d		0640	0850	1048	1250	1450	1645	1815
Truro 🚐	d		0719	0930	1128	1330	1530	1725	1854
St Austell 🚐	d		0735	0946	1145	1346	1546	1742	1910
Par	d	0616	0816	1016	1216	1416	1616	1816	2030
Luxulyan	d	0626x	0826x	1026x	1226x	1426x	1626x	1826x	2040x
Bugle	d	0632x	0832x	1032x	1232x	1432x	1632x	1832x	2046x
Roche	d	0636x	0836x	1036x	1236x	1436x	1636x	1836x	2050x
St Columb Road	d	0647x	0847x	1047x	1247x	1447x	1647x	1847x	2101x
Quintrell Downs	d	0655	0855	1055	1255	1455	1655	1855	2109
Newquay 🚐	а	0703	0903	1103	1303	1503	1703	1903	2117
London Paddington ◆	७ d		0844	1203					
Eveter Ct Devide &	@ 4		1107	1/110					

७ d		0844	1203
6 d		1107	1412
d	0845	1210	1540
d	0847	1218	1518
d	0927	1257	1559
d	0943	1314	1616
d	1003	1330	1636
d	1013x	1340x	1646x
d	1019x	1346x	1652x
d	1024x	1351x	1657x
d	1035x	1402x	1708x
d	1043	1410	1716
а	1053	1421	1726
	® d d d d d d d d d d d	(a) d 0845 d 0845 d 0847 d 0927 d 0943 d 1003 d 1013x d 1019x d 1024x d 1035x d 1043	© d 0845 1210 d 0845 1210 d 0847 1218 d 0927 1257 d 0943 1314 d 1003 1330 d 1013x 1340x d 1019x 1346x d 1024x 1351x d 1035x 1402x d 1043 1410

Changes to our timetables

The times shown in this timetable are a guide to our services. Train times may change late at night or at weekends to allow maintenance work to be done. You should always confirm your train times online, less than 24 hours prior to travelling at **GWR.com/check**

Newquay 🚐	d	0719	0924	1124	1324	1524	1724	1924	2112
Quintrell Downs	d	0724	0929	1129	1329	1529	1729	1929	2117
St Columb Road	d	0731x	0936x	1136x	1336x	1536x	1736x	1936x	2124x
Roche	d	0743x	0948x	1148x	1348x	1548x	1748x	1948x	2136x
Bugle	d	0747x	0952x	1152x	1352x	1552x	1752x	1952x	2141x
Luxulyan	d	0752x	0957x	1157x	1357x	1557x	1757x	1957x	2145x
Par	а	0805	1010	1210	1410	1610	1810	2010	2158
St Austell 🚐	а	0818	1115	1244	1445	1645	1823	2022	2211
Truro 🚐	а	0834	1131	1300	1501	1701	1840	2039	2227
Penzance 🚐	а	0919	1211	1340	1540	1742	1925	2120	2300
Plymouth 🚐	а	0908	1109	1311	1510	1718	1919	2121	2300
Exeter St Davids 🚐	6 a	1013	1212	1425	1612g	1825g	2055	2237	0021
London Paddington ◆	७ a	1229	1429	1707f	1824g	2124	2359		0504h

Newquay 🚐	d	0719	0924	1124	1324	1524	1724	1924	2124
Quintrell Downs	d	0724	0929	1129	1329	1529	1729	1929	2129
St Columb Road	d	0731x	0936x	1136x	1336x	1536x	1736x	1936x	2136x
Roche	d	0743x	0948x	1148x	1348x	1548x	1748x	1948x	2148x
Bugle	d	0747x	0952x	1152x	1352x	1552x	1752x	1952x	2152x
Luxulyan	d	0752x	0957x	1157x	1357x	1557x	1757x	1957x	2157x
Par	а	0805	1010	1210	1410	1610	1810	2010	2210
St Austell 🚐	а	0839	1041	1239	1443	1645	1842	2032	
Truro 🚐	а	0855	1058	1255	1500	1701	1859	2048	
Penzance 🚐	а	0935	1141	1335	1540	1742	1940	2128	
Plymouth 🚐	а	0909	1109	1311	1510	1722	1912	2138	2314
Exeter St Davids 🚐	6 a	1013	1214	1425	1613g	1825g	2050	2307g	
London Paddington ◆	७ a	1229	1429	1729	1825g	2140	2340		

Newquay 🚐		d	1058	1425	1755
Quintrell Downs		d	1104	1431	1800
St Columb Road		d	1111x	1438x	1807x
Roche		d	1122x	1449x	1818x
Bugle		d	1127x	1454x	1823x
Luxulyan		d	1133x	1500x	1830x
Par		а	1147	1514	1844
St Austell 🚐		а	1232	1538	1938
Truro 🚐		а	1248	1554	1954
Penzance 🚐		а	1329	1634	2034
Plymouth 🚐		а	1246	1610	1947
Exeter St Davids 🚐	6	а	1355	1713	2048
London Paddington ◆	15	а	1623g	1925	2334